

Australian Government Australian Transport Safety Bureau

Air traffic controller incapacitation

Brisbane, Queensland on 9 December 2022



ATSB Transport Safety Report Aviation Occurrence Investigation (Defined) AO-2022-065 Final – 3 September 2024 Cover photo: Airservices Australia

Released in accordance with section 25 of the Transport Safety Investigation Act 2003

Publishing information

Published by:	Australian Transport Safety Bureau			
Postal address:	GPO Box 321, Canberra, ACT 2601			
Office:	12 Moore Street, Canberra, ACT 2601			
Telephone:	1800 020 616, from overseas +61 2 6257 2463			
	Accident and incident notification: 1800 011 034 (24 hours)			
Email:	atsbinfo@atsb.gov.au			
Website:	www.atsb.gov.au			

© Commonwealth of Australia 2024

BY

Ownership of intellectual property rights in this publication

Unless otherwise noted, copyright (and any other intellectual property rights, if any) in this publication is owned by the Commonwealth of Australia.

Creative Commons licence

With the exception of the Coat of Arms, ATSB logo, and photos and graphics in which a third party holds copyright, this publication is licensed under a Creative Commons Attribution 3.0 Australia licence.

Creative Commons Attribution 3.0 Australia Licence is a standard form licence agreement that allows you to copy, distribute, transmit and adapt this publication provided that you attribute the work.

The ATSB's preference is that you attribute this publication (and any material sourced from it) using the following wording: *Source:* Australian Transport Safety Bureau

Copyright in material obtained from other agencies, private individuals or organisations, belongs to those agencies, individuals or organisations. Where you want to use their material you will need to contact them directly.

Addendum

Page	Change	Date

Executive summary

What happened

At about 0515 local time on 9 December 2022, an approach controller for Cairns Terminal Control Unit (TCU) was found asleep at the end of their night shift by the oncoming morning shift approach controller. They were woken by the oncoming day shift manager and, after ensuring there was no traffic in the area, control was handed over to the oncoming controller.

What the ATSB found

The ATSB determined that there were several factors that likely contributed to the controller falling asleep. These included working multiple consecutive night shifts resulting in sleep debt, in combination with time of day and very low workload. The controller also took actions that increased the likelihood of sleep.

The ATSB also found that while there was a fatigue risk management system in place, it did not effectively identify the risk associated with working multiple night shifts based upon tactical changes to the work schedule. The ATSB also identified that the fatigue risk assessment process was not effective in identifying or managing low workload as a hazard.

What has been done as a result

Since the occurrence, Airservices Australia has increased the overall number of air traffic controllers available, including those based in the North Queensland group. While noting this positive action, the ATSB will continue to monitor the anticipated increase in staffing numbers and provide website updates.

The Airservices ATS Fatigue Safety Assurance Group has developed additional guidance and training on the fatigue risk assessment process, including information on how low traffic situations should be treated as a high fatigue risk.

Civil Aviation Safety Authority (CASA) has introduced legislative changes to Fatigue Risk Management System (FRMS) requirements for Air Traffic Services (ATS) providers in Part 172 Manual of Standards. Airservices Australia is working with CASA to trial their existing FRMS against the new requirements and using feedback to make improvements.

Safety message

The ATSB SafetyWatch highlights the broad safety concerns that come out of our investigation findings and from the occurrence data reported to us by industry. One of the safety concerns is improving the management of fatigue.



Despite increased awareness across the transport sector, fatigue remains one of the most relevant ongoing concerns for safe transport. Fatigue impairment has been identified as a contributory factor in numerous aviation, maritime and rail accidents.

While this occurrence was not associated with a negative consequence, it highlighted areas for improvement in work scheduling and fatigue risk management. Operators should investigate similar events to identify and remedy deficiencies in work scheduling, fatigue risk management processes and risk controls.

Contents

Executive summary	iii
The occurrence	1
Context	2
Brisbane centre	2
Overview	2
Aisle 3 operations area	2
Cairns terminal control unit	3
Voice communication system	3
Air situation display data	4
Approach controller information	4
Medical and recent history	4
Roster information	5
Fatigue analysis	7
Fatigue risk management	8
Fatigue risk management procedure	8
Strategic roster planning rules	8
Tactical roster management principles	8
Fatigue assessment and control tool	10
Fatigue risk controls	10
Previous fatigue risk management audits	12
Administration manual	13
Similar events	13
Safety analysis	14
Introduction	14
Sleeping at the workstation	14
Fatigue risk management system	15
Changes to fatigue risk management regulations by CASA	17
Findings	
Contributing factors	18
Other factors that increased risk	18
-	
Safety issues and actions	
General details	21
Glossary	22
Sources and submissions	23
Australian Transport Safety Bureau	25

The occurrence

On 8 December 2022, an approach controller for the Cairns terminal control unit (TCU) signed on to work a scheduled night shift, between 2200–0600 local time, at the Air Traffic Services Centre in Brisbane (Brisbane Centre), Queensland. During the night shift period, the TCU was normally staffed with one controller, who was normally relieved by another (oncoming) controller at about 0515–0530.

At about 0500 on 9 December, the oncoming approach controller for the Cairns TCU position arrived at the centre to commence their morning shift. At 0515, they alerted the oncoming shift manager for aisle 3 that the night shift controller was asleep at the console. They observed that the air situation display (ASD) screensaver was on and the controller's headset, which they were wearing, was plugged in. The controller was lying across 2 chairs with a blanket covering them.

The shift manager woke the controller and checked the ASD. There was no indication of traffic in the airspace or alerts on the display. The approach controllers conducted a handover brief, and the oncoming controller took control of the console.

Context

Brisbane Centre

Overview

Brisbane Centre is a major air traffic control centre, operated 24 hours a day by Airservices Australia (Airservices) at Brisbane Airport. The operations room was divided into aisles, each with 2 rows of consoles. Each aisle was supervised by a manager working from a desk in the middle of the aisle (Figure 1), but during the night shift, there was no aisle manager on duty.

A system supervisor was available for indirect supervision,¹ and they were usually located at the front desk of the centre. The system supervisor was responsible for coordinating system changes and maintenance activities for the operations room. This role included general supervisory responsibilities and, when shift managers were not rostered, indirect supervision across the aisles. In addition, an overnight operations manager was on-call, but not on site.

Controllers further reported that the Brisbane Centre building was much cooler at night than during the day, and it was considered normal practice for blankets to be needed during night shifts. Airservices advised that the temperature of the room could not be manually adjusted, and the air conditioning system was not effective at maintaining the desired temperature at night. It was also reported that the room lighting was not adjusted for the night shift.

Aisle 3 operations area

Aisle 3 included separate en route sectors Gwydir, Hastings, Capricornia, Reef and Cairns TCU, with the Cairns TCU workstations in the back right corner (Figure 1). During the night shift, each sector was staffed by one air traffic controller.

¹ Supervision involves observation of air traffic service delivery and, where necessary, supporting, intervening or directing activities within the area of responsibility. The supervisor is responsible for managing airspace and traffic to ensure safety and maximise network efficiency. This could be direct (physically present, maintains situational awareness within the immediate operating environment and holds operational command authority) or indirect (located in the operations room but may not be physically present and maintains limited situation awareness of the immediate operating environment).

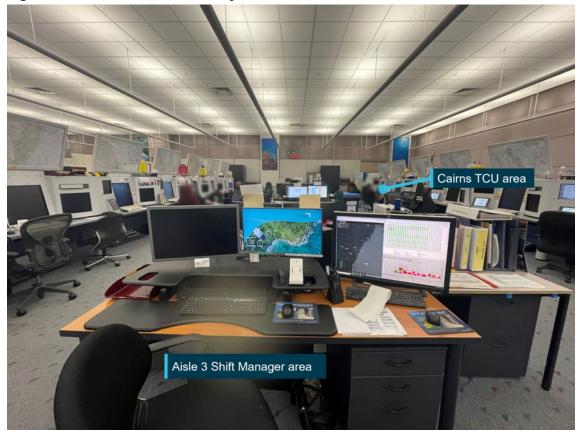


Figure 1: Brisbane Centre aisle 3 layout

Source: Airservices Australia, annotated by ATSB.

Cairns terminal control unit

The Cairns TCU position had been operating in Brisbane Centre since 2017 and the Civil Aviation Safety Authority (CASA) required the airspace to be operated 24 hours a day. Depending on the level of traffic, the Cairns TCU position could be split into multiple workstations including approach, departures, flow, Rockhampton and Mackay approach during tower hours,² and a Cairns shift manager during day shifts. During the night shift, the approach, departures, and flow positions were combined, and Rockhampton and Mackay reverted to a common traffic advisory frequency (CTAF).³

Between the hours of 0100–0530, there was generally so little scheduled traffic in the airspace that a night shift on Cairns TCU could not be counted as recency experience for the position. After 0200, on the night of the occurrence, there was one scheduled aircraft arriving and then departing Cairns Airport. This aircraft's last contact with the approach controller was at about 0305 (Table 1).

Voice communication system

A voice communication system was used by air traffic controllers to communicate with aircraft and other controllers. It included a headset at the console and a loudspeaker that could project sound to the aisle. When the headset was plugged into an active console, the audio could be selected for either the headset only, loudspeaker only, or the headset and loudspeaker combined.

² Tower hours: Tower hours for Rockhampton were Monday to Friday 2030–1035 universal coordinated time (UTC), Saturday: 2030–0930 UTC, Sunday: 2100–1035 UTC. Tower hours and approach hours for Mackay were Monday to Friday: 2020–1020 UTC and Saturday and Sunday: 2020–0930 UTC.

³ CTAF: A designated frequency on which pilots make positional broadcast when operating in the vicinity of a non-controlled aerodrome or within a broadcast area.

The approach controller reported that, at the time of the occurrence, it was selected to both headset and loudspeaker combined. They also reported wearing their headset at high volume and the audio was set to full volume on the loudspeaker.

Air situation display data

The air situation display (ASD) key logger data and recorded radio calls were obtained for the console between 0200–0600 and are presented in Table 1. Before the controller was woken, there was 15 minutes and 23 seconds of no logged activity. Additionally, there were longer periods of time after 0200 where there was no logged activity.

Start time	End time	Activities recorded	Period of subsequent inactivity
0201:57	0208:49	Controller gave intermittent instructions to an aircraft approaching Cairns.	48 minutes and 37 seconds of no logged activity
0257:26	0304:54	Controller communicated with another controller, then gave intermittent instructions to an aircraft departing from Cairns.	62 minutes and 45 seconds of no logged activity
0407:39	0407:39	Controller interacted with console.	20 minutes and 55 seconds of no logged activity
0428:34	0435:36	Controller interacted with console.	24 minutes and 1 second of no logged activity
0459:37	0459:37	Controller interacted with console.	15 minutes and 23 seconds of no logged activity
0515:00	-	Controller found asleep and woken.	

Table 1: Time of interactions from the air situation display

Approach controller information

Medical and recent history

The controller had been working at Airservices for about 10 years and had worked on the Cairns TCU position for the previous 3 years. They held a valid Class 3 and Class 2⁴ medical certificate, which had no documented history of sleep disorders.

They reported sleeping for about 12 hours during the night starting 5 December prior to commencing the first night shift of the block of 6 night shifts (see the section titled *Roster information*). They estimated they obtained sleep on both of the 2 days preceding the event (6 and 7 December), between 0600–1000 and 1900–2100. They rated their sleep quality '7 out of 10'⁵ and advised that they normally slept 7–8 hours a night.

The controller rated their alertness at the time of the occurrence as 'moderately tired',⁶ which they advised was relatively normal for a night shift. They recalled that they consumed their last caffeinated drink at about 1400 the previous day. They did not report feeling fatigued prior to the shift, nor to the system supervisor while on duty.

They stated that during night shifts for the Cairns TCU position, there was no additional relief available to hand over the console for extended breaks, but it was possible and normal to take a quick break (to go to a rest room or obtain a drink) between traffic. The loudspeaker (see the

⁴ The controller was also a private pilot and had a medical certificate for both roles.

⁵ Self-rated sleep quality immediately prior to the occurrence was rated on an 11-point scale from 0 (worst possible sleep) to 10 (best possible sleep)

⁶ Self-rated alertness at the time of the occurrence was rated on a 7-point scale from 'fully alert' to 'completely exhausted'. 'Moderately tired' corresponded to point 5 on the scale.

section titled *Voice communication system*) could be used to alert other controllers in the aisle to communications while the controller was taking a quick break.

Roster information

The ATSB obtained copies of the controller's master roster, including records of the changes to the roster, between November and December 2022. This information is summarised in Table 2.

	Working hours ^[3]				Fatigue po	otential level [7]
	Master roster Actual roster		Time free of	Last change	Due diate d	Desidest
Date	(Strategic)	(Tactical)	duty ^[4]	made ^[6]	Predicted	Residual
10 Nov	OFF	OFF	-			
11 Nov	1100–2000	1100–2000	15.0			
12 Nov	1100–2000	1100–2000	45.5			
13 Nov	REC LEAVE	OFF				
14 Nov	0530–1230	0530–1230	17.0			
15 Nov	0530–1230	0530–1230	25.25			
16 Nov	OFF	1345–2215	16.5	14 Nov		
17 Nov	OFF	1345–2215	16.5	15 Nov		
18 Nov	1345–2215	1345–2215	16.5			
19 Nov	1345–2215	1345–2215	24.25		Medium	Low-Med
20 Nov	2200–0600	2200–0600	16.0		Medium	Low-Med
21 Nov	2200–0600	2200–0600	64.0		Medium	Low-Med
22 Nov	OFF DOGGO ^[2]	OFF DOGGO ^[2]				
23 Nov	OFF	OFF				
24 Nov	OFF	2200–0600	29.0	22 Nov		
25 Nov	1100–2000	OFF DOGGO		22 Nov		
26 Nov	1100–2000	1100–2000	13.0			
27 Nov	0900–1800	0900–1800	43.75			
28 Nov	OFF	OFF				
29 Nov	1345–2215	1345–2215	24.25			
30 Nov	2200–0600	2200–0600	16.0			
1 Dec	2200–0600	2200–0600	16.0			
2 Dec	OFF DOGGO ^[2]	2200–0600	16.0	28 Nov		
3 Dec	OFF	2200–0600	64.0	3 Dec		
4 Dec	OFF	OFF DOGGO ^[2]		3 Dec		
5 Dec	1100–2000	OFF		3 Dec		
6 Dec	1100–2000	2200–0600	16.0	5 Dec	High	Low-Med
7 Dec	0900–1800	2200–0600	16.0	5 Dec		
8 Dec ^[3]	2200–0600	2200–0600	16.0			
9 Dec	OFF DOGGO ^[2]	2200–0600	16.0	1 Dec		
10 Dec	OFF	2200–0600	16.0	8 Dec	High	Low-Med
11 Dec	OFF	2200–0600	16.0	8 Dec	High	Low-Med
12 Dec	0630–1530	OFF DOGGO ^[2]		Unknown		

Table 2: Planned (strategic) and actual (tactical) work schedule^[5] of approach controller in the lead up to, and shortly after occurrence

[1] Night shift at ASA is also commonly known as a 'doggo' shift. Night shifts are defined as containing all of the period between 0001-0459 Night shift at ASA is also commonly known as a doggo shift. Night shifts are defined as containing an of the period local time.
OFF DOGGO refers to a rest day where the end of the shift was 0600 that day and is not considered a full day off.
Shift date of the occurrence. The occurrence happened at about 0500 on 9 December.
Time free of duty is from the end of the shift to the beginning of the next shift.
Colour coding corresponds to shift type (OFF = light blue; day = yellow; afternoon = orange; night = navy).
Changes reflect the last change that was made before the shift was worked.
Shift at a shift to be continue titled.

[7] See the section titled Fatigue assessment and control tool.

On the evening of 6 December, the controller commenced a block of 6 night shifts (2200–0600). The occurrence happened on the third shift of this block (that is, the morning of 9 December). This night shift had been included in the controller's master roster. However, as indicated in Table 2, the remaining 5 shifts in this block were the result of changes to the planned roster. The last 2 nights of this block were allocated during the day of the occurrence (but prior to the beginning of that shift).

Prior to commencing this block of night shifts, the controller had 64 hours free of duty. This followed a block of 5 shifts which commenced with one afternoon shift, followed by 4 night shifts.

The controller was working their seventh night shift in 9 days and by the end of the block of shifts, had completed 10 night shifts in 12 days.

Fatigue analysis

A biomathematical model of fatigue (BMMF) predicts the effect of different patterns of work on measures such as subjective fatigue, sleep, or the effectiveness of performing work, using mathematical algorithms. Each model uses different types of inputs/assumptions and produces different types of outputs, each having limitations.

Airservices used the BMMF known as FAID⁷ as one of its assessments of the master roster. FAID uses a 7-day rolling average to calculate sleep opportunity afforded by the work schedule. Airservices had set a nominal threshold of 80.4 as their maximum score for master rosters.

An ATSB analysis of the controller's roster of actual hours, using FAID, showed scores were:

- above this threshold on 6 of the night shifts over the analysed period (Table 2)
- on the day of the occurrence, the analysis indicated a peak FAID score of 78 and a peak Karolina sleepiness scale (KSS)⁸ score of 7.7
- the highest peak FAID score across the analysed period was 100 on the last night of the block of 6 consecutive night shifts (11 December).

The ATSB also analysed the same roster using the fatigue avoidance scheduling tool (FAST). The auto-sleep function and a commute time of 20 minutes were applied. This resulted in:

- Effectiveness scores⁹ that decreased over the period of 4 consecutive night shifts (30 November–3 December) reducing below 77% effectiveness for more than half of each shift.
- During the following block of 6 night shifts (6–11 December) effectiveness scores remained below 77% for more than half of each shift.
 - During the occurrence shift, the performance effectiveness score was 70%.

Overall, the analyses using both FAID and FAST predicted that the controller's actual hours of work during the 6 consecutive night shifts was associated with an increasing fatigue risk.

⁷ FAID was initially known as 'Fatigue Audit InterDyne'. It was subsequently renamed the Fatigue Analysis Tool by InterDynamics.

⁸ Karolina sleepiness score (KSS) is a 9-point Likert scale often used when conducting studies involving self-reported, subjective assessment of an individual's level of drowsiness at the time with 9 being extremely sleepy and 1 being extremely alert. This predicted score is provided in FAID.

⁹ Effectiveness represents speed of performance on the Psychomotor Vigilance Test, scaled as a percent of a fully rested person's normal best performance. Effectiveness corresponds to the speed of cognitive performance, it is highly sensitive to fatigue, and correlated with many other cognitive performance metrics. The higher the score the lower the fatigue risk (Institutes for Behavior Resources Inc., 2023). 77% effectiveness corresponds to being awake for 18.5 hours continuously, and 70% is equivalent to 21 hours of continued wakefulness (Dean, Fletcher et al. 2007).

Fatigue risk management

Fatigue risk management procedure

Airservices had a fatigue risk management procedure which outlined how the organisation identified and managed fatigue-related risks. There were several components to the system including FAID BMMF and strategic roster planning rules (SRPRs) to plan the master roster at least 45 days prior to implementation.¹⁰ If there were changes to the master roster, tactical roster management principles (TRMP), were used to assess these changes. Airservices used work scheduling software to create the master roster and risk assess any changes.

Strategic roster planning rules

The SRPR included 12 rulesets, with 7 that constrained the number of consecutive shifts or the required rest period following consecutive shifts. These rules included:

- The number of planned consecutive shifts was limited to 7.
- Seven consecutive shifts had to be immediately followed by an extended rest period of no less than 58 hours.
- Planned work hours could not exceed 54 hours in any period of 7 consecutive days (168 hours) prior to the end of each shift.
- Blocks of shifts had to be separated by a minimum of 35 hours, including one 24-hour period, commencing at midnight.
- A minimum of 2 extended rest periods were required in any period of 28 consecutive days (672 hours) prior to the start of each shift.
- When 2 or 3 night shifts were present in a block of shifts they had to be consecutive and immediately followed by an extended rest period of no less than 58 hours.
- The maximum number of planned night shifts permitted in a block of shifts was 4. When 4 night shifts were present, they had to be consecutive and immediately followed by an extended rest period of no less than 83 hours.

The master roster was published on 1 September 2022, about 3 months prior to the work being performed. The ATSB analysed the master roster using FAID, and this showed the peak FAID scores were below Airservices' nominal threshold (80.4). Additionally, it contained blocks with a maximum of 2 night shifts and these were followed by 2 consecutive full days off (Table 2).

It was reported during interviews with controllers that the Cairns TCU master roster was regularly published with vacancies. Additionally, there were 19 controllers available but 23 were required to cover the 24 hour operational requirement. This required shift managers to regularly make tactical changes to the roster using tactical roster management principles (TRMP – detailed in the following section).

Tactical roster management principles

Airservices advised that the purpose of the TRMP was to provide flexibility while ensuring any associated increased fatigue risk was identified and managed.

The TRMP included the following principles relevant to consecutive shifts and the rest periods following consecutive shifts:

- The number of actual consecutive shifts should be limited to 7.
- Seven or more consecutive shifts should be immediately followed by an extended rest period of no less than 58 hours.

¹⁰ The procedure included industrial requirements that, although not part of the FRMS, did form part of the requirements for work hour limits.

- Actual working hours should not exceed 60 hours in any period of 7 consecutive days (168 hours) prior to the end of each shift.
- Within the 28 days (672 hours) prior to the start of each shift, there should be a minimum of 2 extended rest periods (of no less than 58 hours).
- When 2 or 3 night shifts were present in a block of shifts they should be consecutive and immediately followed by an extended rest period of no less than 58 hours.
- When 4 or more night shifts were present in a block of shifts they should be consecutive and immediately followed by an extended rest period of no less than 83 hours.

The changes to the roster and the future effect were automatically assessed in the work scheduling software against the TRMP. Where there was no deviation from the TRMP, the change could be accepted with no further action required.

Where a shift deviated from the TRMP it was assigned a predicted fatigue level of low, medium or high based on scoring documented in the fatigue risk management procedure, which assigned points depending on the type and extent of deviations from the TRMP. Where the predicted fatigue level was low, the shift could again be assigned with no further action. Where the predicted fatigue level was flagged as medium or high, the shift would be flagged as requiring a fatigue assessment and control tool (FACT) process (see the section titled *Fatigue assessment and control tool*). The FACT process would then be used to select appropriate risk controls and assess residual fatigue potential, which then must be accepted at the appropriate level.

If more than one controller indicated they were able to take additional duties, supervisors were required to prioritise assigning additional shifts to individuals with the lowest predicted fatigue level.

The ATSB made the following observations about the tactical changes made to the controller's roster and conducted FAID analysis of actual hours (there was no requirement for Airservices to check the changes against FAID during the tactical rostering process). These included:

- There was a block of 8 consecutive shifts (14–21 November) which:
 - exceeded the recommended limit of 7 shifts
 - included 2 consecutive night shifts and the following extended rest period of 64 hours was greater than the recommended 58 hours
 - included 3 consecutive shifts (19–21 November) flagged with a predicted fatigue level of medium
 - the shift on 21 November had a peak FAID score of 83 which was above the Airservices limit of 80.4 used for assessing master rosters.¹¹
- The block of 5 consecutive shifts from 29 November–3 December:
 - none of the 4 night shifts were flagged with a predicted fatigue level
 - the following rest period was reduced to 64 hours (not the recommended 83 hours)
 - the last 2 nights (2 and 3 December) had peak FAID scores of 82 and 90 respectively.
- The block of 6 night shifts from 6–11 December
 - the first shift was flagged with a predicted fatigue level of high (6 December) the peak FAID score for this shift was 62
 - the following 3 nights were not flagged with a predicted fatigue level the last night of this block (the night after the occurrence) had a peak fatigue score of 85

¹¹ Airservices FAID limit of 80.4 only applied to the strategic (master) roster and FAID was not used by Airservices in the tactical rostering process. Additionally, there was no requirement to check the changes against FAID during the tactical rostering process after the publication of the master roster.

- the last 2 shifts of the block were flagged as high predicted fatigue level these shifts had a peak FAID score of 93 and 100 respectively which was above the Airservices limit of 80.4 used for assessing master rosters.¹¹
- The controller continued to work 3 night shifts after the occurrence was reported. The last 2 night shifts had been allocated during the day of the occurrence (8 December – the controller was found asleep on the morning of 9 December).
- The occurrence did not result in changes to upcoming shifts, nor a reassessment of the FACTs already approved with a predicted fatigue level of high.

Fatigue assessment and control tool

The fatigue assessment and control tool (FACT) was embedded in the rostering system and provided:

... a means of assessing fatigue-related risk, applying appropriate controls and recording information about changes to the published work schedule/cycle.

It was used by supervisors to assess shifts with a predicted fatigue level of medium or high. Supervisors were required to complete a FACT for a shift within 48 hours of commencement of the shift.

Fatigue risk assessment process

Shifts that were classified with a medium or high predicted fatigue level were required to be assessed in terms of the impact of situational factors that could affect fatigue, such as time of day and workload. This process was done using a combination of automatic ratings and supervisor inputs.

The work scheduling software automatically rated the time of day impact as either low, medium or high (relative to circadian rhythm). Supervisors were required to rate the expected traffic volume as either low, medium or high. Guidance associated with the procedure stated:

Traffic volume is either very low, which can result in boredom and low task engagement; or high, thereby demanding a significant increase in task engagement. These two scenarios can respectively lead to 'under-load' and 'over-load'. As a consequence the fatigue potential needs to be considered as High.

A supervisor also rated traffic complexity, weather, system state and staffing levels by selecting routine, non-routine or significant. The supervisor was then required to make an overall assessment of the situational factors as negligible, moderate or significant. This rating was then combined with the predicted fatigue level rating associated with the work schedule, to give an overall initial fatigue potential rating of lower-medium, higher-medium or higher.

Fatigue risk controls

After the fatigue assessment process, supervisors were required to select from the risk controls available for individual controllers on the shift. The rostering software recorded the risk controls selected by a supervisor from a drop-down list, ¹² which were defined in the fatigue risk management procedure. Supervisors were required to ensure that the risk controls selected were available. The procedure did not require supervisors to consult with air traffic controllers on the selected risk controls.

The list of risk controls that could be selected included:

- supplementary personnel measures (better use of existing resources, call-out of additional/replacement staff, double up staffing)
- shift-related measures (delay start of shift, end shift early)

¹² This list included an additional other category for supervisors to add any other applicable risk controls.

- break-related measures (instruct employee to take breaks, increase frequency/length of breaks, controlled use of stand-down rooms for napping)
- general measures (rotate/combine positions, initiate procedural process for regular two-way communications)
- ATC-specific measures to reduce workload/complexity (metering traffic flow, airspace closure/reduced service delivery, minimise/limit any abnormal working routine)
- post-shift measures (provision of transport home).

Following the selection of risk controls, a residual fatigue potential was derived. The residual fatigue potential determined the level of management required to accept the risk.

Recent FACT applications

The ATSB reviewed the controller's roster for the period from 10 November to 12 December and the associated FACT assessments for shifts with a medium or high predicted fatigue level. Records for each assessment are presented in Table 4.

Shift	Predicted fatigue level	Situational factors assessment	Initial fatigue potential	Risk controls selected	Residual fatigue potential	Justification recorded
19 Nov 1345– 2215	Medium	Negligible	Lower- Medium	Instructed to take breaks Increase frequency / length of breaks	Lower	Fully staffed allowing frequency and duration of breaks in excess of the EA. 1345 19 November
20 Nov 2200– 0600	Medium	Negligible	Lower- Medium	Initiate procedural process for regular two-way communications (Operations normal) checks, especially where single staffing applies	Lower	5 x staff rostered for Aisle 3 during doggo period allowing for ongoing 2- way comms between staff. Additional 2-way comms available from duty BN SS subject to other workload requirements. 18:05 20 November
21 Nov 2200– 0600	Medium	Negligible	Lower- Medium	Instructed to take breaks Increase frequency / length of breaks	Lower	Shift is a doggo shift where extra short breaks may be obtained at request. Also, very low traffic levels. 0831 21 November
6 Dec 2200– 0600	High	Negligible	Lower- Medium	Initiate procedural process for regular two-way communications (Operations normal) checks, especially where single staffing applies	Lower	Doggo traffic. SS available for frequent monitoring and comms checks. 1305 6 December
10 Dec 2200– 0600	High	Negligible	Lower- Medium	Initiate procedural process for regular two-way	Lower	Doggo traffic. SS available for frequent

Table 3: FACT records for the approach controller between 10 November and 12 December 2022

Shift	Predicted fatigue level	Situational factors assessment	Initial fatigue potential	Risk controls selected	Residual fatigue potential	Justification recorded
				communications		monitoring and comms
				(Operations normal) checks,		checks.
				especially where single staffing applies		1735 10 December
11 Dec 2200– 0600	High	Negligible	Lower- Medium	Initiate procedural process for regular two-way communications (Operations normal) checks, especially where single staffing applies	Lower	Doggo traffic. SS available for frequent monitoring and comms checks. 1735 10 December

The assessments showed that in all instances the predicted fatigue levels were assessed as having negligible situational factors, resulting in an initial fatigue potential of lower-medium. In all 5 night shifts records for this roster, the time of day impact was rated (by the work scheduling software) as high and the traffic volume was rated (by supervisors) as low, with almost all the other aspects rated as routine.

Table 4 above also showed that the fatigue risk controls listed were to initiate procedural process for regular two-way communications and instructing controllers to take longer and more frequent breaks. Records were not able to show if these risk controls had been applied after they were documented in the work scheduling system. Timestamps from records showed that these risk controls were documented within the required 48 hours prior to shift start. There was no way to verify in the system if the risk controls selected were applied. During interviews with supervisors, they described the FACT administration process as a 'tick box' exercise because they had lots of shifts to fill and found it difficult to understand how the work scheduling system scored fatigue risk for some shifts, and not others. They further noted they had a low trust in the system because it seemed inconsistent with how employees felt compared to the predicted fatigue levels.

Previous fatigue risk management audits

Airservices provided copies of assurance and audit activities conducted on its fatigue risk management system (FRMS) between 2019 and 2023. Of these activities, an assurance report from 2023 focused on the effectiveness of the FACT process, and the design and application of additional risk controls for air traffic controllers. This report contained several findings, including evidence that:

- Feedback from some end users suggested that resourcing levels in some areas had prevented the creation of a master roster where all SRPRs could be met. This situation meant that there was reliance on tactical roster changes to fill the gaps.
- The number of FACTs requiring completion had significantly increased in 2022 compared to 2017, 2018 and 2019.¹³ In addition, the number of staff had decreased over this period. On average, this situation resulted in the increased frequency of staff members working shifts with an elevated fatigue risk level.¹⁴

¹³ The years 2020 and 2021 were not considered due to changes to rosters through the COVID pandemic.

¹⁴ The relationship between staffing levels, rosters and associated fatigue levels was not analysed in this audit activity.

- When assessing the actual fatigue experienced by staff compared to the FACT risk level predictions, inconsistencies were noted where the FACT process predicted high fatigue levels when none was experienced, or it failed to predict fatigue when someone was actually feeling fatigued. Although, it was noted that the system's high fatigue risk prediction was the most accurate.
- The same or similar risk controls were applied to manage risks with different fatigue risk profiles, most likely due to the availability and suitability of risk controls. Increasing the frequency/length of breaks and instructing employees to take breaks were the most commonly used risk controls.
- Once a FACT had been approved it was difficult to amend if the risk profile or controls were required to be changed.
- There were no constraints imposed by the Fatigue Risk Management System on the number of shifts with medium or high predicted fatigue levels that an air traffic controller could perform across a period of time.
- End user feedback suggested that there were instances where risk controls were selected but not applied in practice. In addition, sometimes risk controls such as 'Instruct staff to take breaks' were listed as an additional control, when they were normal practice. Feedback on controls listed for night shifts such as 'initiate procedure for two-way communication' were noted to not be effective in preventing fatigue.

Fatigue management personnel from Airservices noted that while the tactical processes for assessing risk could detect factors that affected acute fatigue, it was probably less sensitive to cumulative fatigue that could build up over a period of weeks.

Administration manual

Airservices had a National Air Traffic Services (ATS) Administration Manual that outlined procedures used across all ATS operational and support units. It noted that, to improve mental alertness and help reduce fatigue during low workload, staff were permitted to perform some non-operational activities, such as reading (including using non-transmitting electronic devices) or paper-based puzzles. The controller was aware of these strategies listed in the procedure.

Similar events

A search of the Airservices incident database in the last 5 years using the key words 'sleep' and 'asleep' showed there were no similar reported events for Brisbane Centre. Rostering data also revealed there were 6 occasions between 6 October 2022 and 5 April 2023 where en route or approach controllers worked 5 or more consecutive night shifts at Brisbane Centre. In addition, there were 10 occasions between 1 June 2022 and 31 May 2023 where 4 consecutive night shifts were not followed by the recommended 83 hours rest.

A search of ATSB REPCON final reports from 2016 concerning air traffic controller fatigue risk management identified 5 reports, however these were not specific to rosters for Cairns TCU, or Brisbane Centre Aisle 3 (which did not have single-person night shifts):

- RA2023-00003 Staffing levels at Sydney TCU
- RA2022-00045 Sydney TCU staffing and operational concerns
- <u>RA2022-00053</u> Use of TRA, short break and ECE procedures mitigate shift shortages and breaks
- <u>AR201700058</u> Controller fatigue in Melbourne Centre during single-person night shifts
- <u>AR201600052</u> Fatigue at the Southern Control centre during one-person night shift

Safety analysis

Introduction

This analysis will initially discuss the factors that led to the controller falling asleep at the workstation. It will also outline how, likely due to a lack of resources, the fatigue risk management system (FRMS) used by Airservices Australia (Airservices) did not effectively identify or manage cumulative fatigue arising from changes to the work schedule. The effectiveness of Airservices' fatigue assessment and control tool in identifying and managing the risk of low workload will also be considered.

Sleeping at the workstation

Just prior to the shift handover, the approach controller was found to be asleep at the workstation while responsible for the Cairns TCU airspace. Data from the air situation display (ASD) indicated there had been no interactions with the system for approximately 15 minutes prior to the controller being found. However, the ATSB could not determine specifically when the controller had fallen asleep, nor how long they had been asleep during that time. There were 5 other periods after 0200 of no logged activity, where sleep could also have been obtained, noting there may also have been other reasons for no logged activity.

When the controller was found asleep, there was no traffic in the Cairns TCU airspace, which was usual for that time of day. Additionally, there were no scheduled flights until after the night shift ended nor any regular situations where Cairns TCU would be directly contacted by a flight crew without first speaking with Cairns Tower or other en route sectors. In the unlikely event that a transmission did come through, the approach controller had selected the volume of the headset to full, and the loudspeaker to on, to ensure they would be alerted or other controllers in the aisle would hear.

Nevertheless, there was still risk associated with the controller being asleep. For example, upon being woken by a radio broadcast, a controller who had been asleep could experience sleep inertia¹⁵ and provide delayed communications, or incorrect instructions/actions. They would also likely not have been in a position to ensure safety in the event that conflicts arose from traffic infringing the airspace without a clearance.

The ATSB determined that there were several factors that contributed to, or predisposed, the controller to fall asleep in this situation. The controller:

- was working within the window of circadian low,¹⁶ when there was an increased biological drive to sleep
- was experiencing very low workload¹⁷ and not expecting this to change
- was conducting their third consecutive night shift after a reduced rest period
- was working their seventh night shift in 9 days
- had obtained less than their normal sleep over the previous 48 hours.

¹⁵ Sleep inertia: Transient disorientation, grogginess and performance impairment that can occur after wakening. The length and intensity of sleep inertia is greatest when the individual has not had enough sleep, is woken from slow-wave sleep (non-REM stages 3 and 4) or woken during the window of circadian low (see footnote 14 below).

¹⁶ Window of circadian low (WOCL): Time in the circadian body clock cycle when fatigue and sleepiness are greatest and people are least able to do mental or physical work. The WOCL occurs around the time of the daily low point in core body temperature – usually around 0200–0600 when a person is fully adapted to the local time zone. However, there is individual variability in the exact timing of the WOCL.

¹⁷ Low workload situations lack stimulation, leading to monotony and boredom and this can potentially unmask underlying physiological sleepiness from inadequate sleep and degrade performance (ICAO 2016).

The controller reported having 12 hours of sleep between the 2 blocks of night shifts, however the extent to which they had recovered the sleep deficit from the previous block of night shifts is unclear. Previous research has indicated that during a 16 hour rest period, where the time of rest onset is 0600, shift workers on average obtained 6.5 hours sleep (Roach & Dawson 2003). In addition, a series of 6 hours of sleep over several days is known to result in significant performance decrements (Banks and Dinges 2007). Therefore, it is likely the approach controller had accrued a sleep debt from inadequate sleep, before beginning the block of 6 consecutive night shifts.

Even if the controller was not fatigued from multiple night shifts prior to occurrence shift, then they very likely would have been fatigued during the following shifts.

However, in addition to the sleep debt and situational factors, the controller had also undertaken practices that increased the likelihood of falling asleep. These practices included lying across 2 chairs and under a blanket, and not varying their posture regularly or undertaking activities to maintain mental alertness.

Fatigue risk management system

Strategic rulesets and tactical principles

Airservices had a fatigue risk management system in place to identify and assess increased fatigue risk associated with managing a 24-hour roster.

Master rosters were developed using prescribed limits of work from the industrial agreement, in combination with biomathematical modelling of fatigue (BMMF) and strategic rulesets (SRPR). The master roster could not be released outside of these parameters and was published well in advance of the shifts being worked.

However, there was evidence that master rosters were published with gaps, and that this had been identified during Airservices' assurance activities as an issue possibly related to staff under-resourcing.¹⁸ In addition, previous REPCONs highlighted that there were other rosters across Airservices that had concerns about ongoing controller shortages resulting in extended working hours, such as Sydney TCU.

To fill the roster gaps for day of operations, changes were assessed against tactical roster management principles (TRMP) to predict if shift changes would result in controllers experiencing an increased fatigue risk. This process was mostly intended for occasional ad hoc changes to individual shifts, due to sick leave or unexpected shift changes. However, regular vacant shifts in the master roster meant that there was a reliance on the TRMP (and not the master roster) to control fatigue risks.

The TRMP had recommendations rather than prescribed limits and shifts with a predicted fatigue level of medium or high could be worked if a fatigue assessment and control tool (FACT) was completed.

However, there were no tactical limits in the fatigue risk management system on the number of shifts which could be allocated including night shifts.¹⁹ As occurred in this case, a block of 5 shifts, including 4 night shifts, was followed by a block of 6 night shifts without the recommended rest period to allow the controller to recover their sleep deficit.-As these changes complied with the TRMP, not all of the night shifts in the second block were flagged with a medium or high predicted fatigue score, which meant the supervisors were not alerted to the increased fatigue risk. Additionally, the controller's work scheduling history showed that changes were being made within

¹⁸ Airservices advised they had not assessed if there was a causal relationship between the decreased number of staff and the increased reliance on tactical versus strategic fatigue risk management, and the increased frequency with which the FACT process was applied.

¹⁹ The enterprise agreement contained industrial requirements which had a prescribed limit of 10 consecutive shifts.

2-3 days of the shift being worked, which reduced the controller's opportunity to plan rest during their rostered time off.

There were also no limits on the number of consecutive shifts with medium or high predicted fatigue scores that could be worked. Successive indications of predicted medium or high fatigue signalled that a controller likely had insufficient opportunity to recover from a cumulative sleep deficit. However, these indications will not always accurately predict fatigue levels of an individual. Evidence from controllers revealed that predicted fatigue flags in the system did not correspond well to their own experiences, and there were times in which they felt fatigued but there was no predicted fatigue score.

Cumulative fatigue risks were intended to be primarily managed through the master roster and occasional changes managed using the tactical roster management principles (TRMP). However, as the master roster was planned in advance, information about actual hours being worked was not being fed back into the roster development process to compare changes in fatigue risk. Consequently, the resultant risks of cumulative fatigue were not considered in the upcoming or future roster development.

While the evidence for this investigation was centred around Cairns TCU, the fatigue risk management procedure applied to all air traffic controllers working in Air Traffic Services (ATS).

The goal of the overall fatigue risk management system should be to favour reliance on the master roster as far as reasonably practicable. The reliance by Airservices on the tactical system to build the work schedule meant that the protections for preventing cumulative fatigue were not being applied.

Surveillance

When an individual shift in the work scheduling software was flagged with a medium or high predicted fatigue level, the relevant supervisor was prompted to complete a FACT process to determine if additional risk controls were required.

The ATSB determined that there were several factors that contributed to, or predisposed, the controller to falling asleep, which included working multiple consecutive night shifts. In this occurrence, the FACT process was not triggered because the controller's shift was not flagged as having a medium or high predicted fatigue level. As no FACT was required (nor had been completed) and the controller did not report feeling fatigued, the system supervisor on duty was not made aware of the controller's potential fatigue and so would not have had any reason to increase their surveillance of them during the shift.

Additionally, after the occurrence was reported, there was no trigger for the supervisors to review upcoming shifts, or the approved FACTs. The controller continued working 3 additional night shifts before a day off work, despite being found asleep. Analysis of the last 3 shifts showed FAID scores of 85, 93 and 100, which were all above the Airservices maximum peak FAID score used for developing master rosters. Recognising that these scores were not available at the time of the occurrence, they illustrate the fatiguing effect of the additional 3 shifts.

Fatigue assessment and control tool

Supervisors relied on the triggering of the FACT process to identify increased risk from changes to the work schedules. For night shifts, where there were no direct supervisors, the previous shift supervisor would complete the FACT before the oncoming night shift controller had started their shift. Airservices reported that there was no requirement for supervisors to consult with a controller on the selected risk controls.

During the FACT process, the supervisors were required to rate the fatigue risk associated with high or low workload through the assessment of traffic volume. Evidence from the controller's previous FACT assessments for Cairns TCU indicated that the supervisors were assessing the low traffic volume as a low risk.

However, the guidance indicated that very low traffic volume should be rated as high. Cairns TCU was known to normally have low workload during the night.

It was likely that the supervisors were not considering low traffic volume as an increased fatigue potential as stated in the guidance material. Rather they were considering it as a condition that facilitated more frequent or longer breaks. It is possible that this normalised the fatigue risk assessments conducted for the night shifts, such that it was not considered as a hazard. This most likely resulted in the supervisors assessing the situational factors as negligible instead of significant.

The procedure and work scheduling software list of fatigue risk controls did not include examples for managing low workload, however they were listed in the separate administration manual. Past audit and assurance activities had not identified the management of low workload as an area requiring improvement.

Changes to fatigue risk management regulations by CASA

On 1 August 2023, the Civil Aviation Safety Authority (CASA) introduced specific fatigue management requirements for ATS providers in Part 172 Manual of Standards. The standards required that by 1 September 2024, ATS providers have a Fatigue Risk Management System (FRMS) that is approved by CASA either as a trial FRMS implementation or as a final FRMS implementation. CASA informed the ATSB, on 17 May 2024, that they were in the process of reviewing the Airservices application for a trial FRMS implementation.

On 29 July 2024, Airservices Australia advised the ASTB:

We are currently working through the CASA FRMS application process. This is in progress and while we are utilising our existing FRMS, throughout the process we will look for opportunities to improve the system.

Findings

ATSB investigation report findings focus on safety factors (that is, events and conditions that increase risk). Safety factors include 'contributing factors' and 'other factors that increased risk' (that is, factors that did not meet the definition of a contributing factor for this occurrence but were still considered important to include in the report for the purpose of increasing awareness and enhancing safety). In addition 'other findings' may be included to provide important information about topics other than safety factors.

Safety issues are highlighted in bold to emphasise their importance. A safety issue is a safety factor that (a) can reasonably be regarded as having the potential to adversely affect the safety of future operations, and (b) is a characteristic of an organisation or a system, rather than a characteristic of a specific individual, or characteristic of an operating environment at a specific point in time.

These findings should not be read as apportioning blame or liability to any particular organisation or individual.

From the evidence available, the following findings are made with respect to the air traffic controller incapacitation at Brisbane, Queensland on 9 December 2022.

Contributing factors

- Due to a number of factors, the Cairns terminal control unit approach controller fell asleep while at their workstation. These factors included the time of day (about 0500), very low workload, a roster pattern with multiple consecutive night shifts and the controller engaging in practices that increased the risk of falling asleep.
- The controller had been working multiple night shifts with reduced extended rest periods, which likely reduced their ability to obtain restorative sleep. This increased the likelihood of experiencing sleepiness and sleep onset while on duty.

Other factors that increased risk

- Likely due to an underlying lack of resources within Airservices Australia, there was an over-reliance on tactical changes to manage the roster. As a result, cumulative fatigue was not being effectively managed strategically and an over-reliance on tactical principles did not identify or manage fatigue risks arising from the work schedule. (Safety Issue)
- Although Airservices Australia's fatigue assessment and control tool (FACT) had the means of identifying situational factors that influenced fatigue, it had limited effectiveness as supervisors were not identifying low workload as a fatigue hazard. (Safety Issue)

Safety issues and actions

Central to the ATSB's investigation of transport safety matters is the early identification of safety issues. The ATSB expects relevant organisations will address all safety issues an investigation identifies.

Depending on the level of risk of a safety issue, the extent of corrective action taken by the relevant organisation(s), or the desirability of directing a broad safety message to the aviation industry, the ATSB may issue a formal safety recommendation or safety advisory notice as part of the final report.

All of the directly involved parties were provided with a draft report and invited to provide submissions. As part of that process, each organisation was asked to communicate what safety actions, if any, they had carried out or were planning to carry out in relation to each safety issue relevant to their organisation.

The initial public version of these safety issues and actions are provided separately on the ATSB website, to facilitate monitoring by interested parties. Where relevant, the safety issues and actions will be updated on the ATSB website as further information about safety action comes to hand.

Fatigue risk management system

Safety issue description

Likely due to an underlying lack of resources within Airservices Australia, there was an over-reliance on tactical changes to manage the roster. As a result, cumulative fatigue was not being effectively managed strategically and an over-reliance on tactical principles did not identify or manage fatigue risks arising from the work schedule.

Issue number:	AO-2022-065-SI-03	
Issue owner:	Airservices Australia	
Transport function:	Aviation: Air Transport	
Current issue status:	Open – Safety action pending	
Issue status justification:	The ATSB will continue to monitor this safety issue until the anticipated increase in staffing numbers is confirmed by Airservices.	

Proactive safety action taken by Airservices Australia

Action number:	AO-2022-065-PSA-276		
Action organisation:	Airservices Australia		
Action status:	Monitor		

On 16 June 2024, Airservices Australia advised the ASTB:

Airservices is focussed on increasing air traffic control staffing through national and international recruitment campaigns. We are also enhancing internal operational processes to maximise resource availability. This includes an emphasis on training, rostering and accreditation enhancements. We have introduced 38 new controllers into operational positions since June 2023 and expect a further 56 by the end of the 2024 calendar year. Additionally, we have launched an international recruitment campaign for experienced controllers to supplement our traditional recruitment program. A number of candidates have proceeded to letters of offer.

Additionally, Airservices advised on 29 July 2024:

Nine inflows have been added to the North Queensland ATC group since January 2023. Three are currently endorsed and six are in training. These inflows increase our available staff against the

staffing requirement for the group. Based on the current data, we expect the master roster to be filled with minimal gaps by October 2024, when available staff meets the requirement.

ATSB comment

The ATSB will continue to monitor this safety issue until the anticipated increase in staffing numbers is confirmed by Airservices.

Fatigue assessment of low workload

Safety issue description

Although Airservices Australia's fatigue assessment and control tool (FACT) had the means of identifying situational factors that influenced fatigue, it had limited effectiveness as supervisors were not identifying low workload as a fatigue hazard.

Issue number:	AO-2022-065-SI-04	
Issue owner:	Airservices Australia	
Transport function:	Aviation: Air Transport	
Current issue status:	Closed – Adequately addressed	
Issue status justification:	The ATSB considers the guidance provided and training, in conjunction with the Fatigue Risk Management System trial, adequately addresses this safety issue.	

Proactive safety action taken by Airservices Australia

Action number:	AO-2022-065-PSA-277	
Action organisation:	Airservices Australia	
Action status:	Closed	

On 16 June 2024, Airservices Australia advised the ASTB that:

Airservices Air Traffic System Fatigue Safety Assurance Group is currently working to review and develop additional guidance material, training or coaching sessions that will assist end users in the application of the FACT process. (Action FSAG/27) An understanding of the possible impact of low workload will be included as part of this action.

Additionally, Airservices Australia provided the ASTB with a copy of supporting documentation on 29 July 2024 and advised that it:

...will be published this week...[and]...provides clearer guidance regarding breaks and reiterates the information contained in the FACT guide regarding low traffic volume being high fatigue volume. A representative from the human performance team will attend a line leader meeting to provide advice on the use of FACT, fatigue, workload and break management advice.

ATSB comment

The ATSB considers the guidance provided and training, in conjunction with the Fatigue Risk Management System trial, adequately addresses this safety issue.

General details

Occurrence details

Date and time:	09 December 2022 0515 Eastern Standard Time		
Occurrence class:	Event		
Occurrence categories:	ANSP Operational error		
Location:	Brisbane, Queensland		
	Latitude: 27.3891° S	Longitude: 153.1150° E	

Glossary

ATS	Air Traffic Services
ASD	Air Situation Display
BMMF	Biomathematical model of fatigue
CASA	Civil Aviation Safety Authority
CTAF	Common Traffic Advisory Frequency
FACT	Fatigue Assessment and Control Tool
FAST	Fatigue avoidance scheduling tool
FRMS	Fatigue Risk Management System
SPRS	Strategic Roster Planning Rules
TCU	Terminal Control Unit
TRMP	Tactical Roster Management Principles
WOCL	Window of Circadian Low

Sources and submissions

Sources of information

The sources of information during the investigation included:

- the involved air traffic controller
- Brisbane Centre air traffic controllers
- Airservices Australia
- published ATSB REPCONs

References

National ATS Administration Manual ATS-MAN-0013 Version 48 Effective 01 December 2022

Fatigue Assessment and Control Tool (FACT) Guide AA-GUIDE-SAF-0020 Version 6 Effective 21 May 2021

Air Traffic Services (ATS) Fatigue Risk Management Procedure AA-PROC-SAF-0028 Version 9 Effective 12 September 2022

En Route Supplement Australia (ERSA) Effective 15 June 2023

CASA OAR 166/22 Determination of Airspace and Controlled Aerodromes Etc. (Designated Airspace Handbook) Instrument 2022 Effective 28 November 2022

Airservices Australia (Air Traffic Control and Supporting Air Traffic Services) Enterprise Agreement 2020-2023

ICAO Fatigue Management Guide for Air Traffic Services Providers. 1st edition 2016

AIRSERVICES AUSTRALIA (AIR TRAFFIC CONTROL AND SUPPORTING AIR TRAFFIC SERVICES) ENTERPRISE AGREEMENT 2020-2023

Roach, GD, Reid, KJ & Dawson, D 2003, 'The amount of sleep obtained by locomotive engineers: effects of break duration and time of break onset', Occupational and Environmental Medicine, vol. 60, no. 12, pp. e17-e.

Banks, S & Dinges, DF 2007, 'Behavioral and physiological consequences of sleep restriction', Journal of clinical sleep medicine, vol. 3, no. 5, pp. 519-28.

Institutes for Behavior Resources Inc., 2023, 'SAFTE-FAST as a Supporting Tool for Fatigue Investigation'.

https://www.saftefast.com/_files/ugd/c8faa9_7f7b509fb18940f5ab04f2cc2c46a6e3.pdf

Dean, DA, Fletcher, A, Hursh, SR & Klerman, EB 2007, 'Developing mathematical models of neurobehavioral performance for the "Real World", Journal of biological rhythms, vol. 22, no. 3, pp. 246-58.

Submissions

Under section 26 of the *Transport Safety Investigation Act 2003*, the ATSB may provide a draft report, on a confidential basis, to any person whom the ATSB considers appropriate. That section allows a person receiving a draft report to make submissions to the ATSB about the draft report.

A draft of this report was provided to the following directly involved parties:

- the involved air traffic controller
- Brisbane Centre air traffic controllers

- Airservices Australia
- Civil Aviation Safety Authority

Submissions were received from:

- a Brisbane Centre air traffic controller
- Airservices Australia.

The submissions were reviewed and, where considered appropriate, the text of the report was amended accordingly.

Australian Transport Safety Bureau

About the ATSB

The ATSB is an independent Commonwealth Government statutory agency. It is governed by a Commission and is entirely separate from transport regulators, policy makers and service providers.

The ATSB's purpose is to improve the safety of, and public confidence in, aviation, rail and marine transport through:

- independent investigation of transport accidents and other safety occurrences
- safety data recording, analysis and research
- fostering safety awareness, knowledge and action.

The ATSB is responsible for investigating accidents and other transport safety matters involving civil aviation, marine and rail operations in Australia, as well as participating in overseas investigations involving Australian-registered aircraft and ships. It prioritises investigations that have the potential to deliver the greatest public benefit through improvements to transport safety.

The ATSB performs its functions in accordance with the provisions of the *Transport Safety Investigation Act 2003* and Regulations and, where applicable, international agreements.

Purpose of safety investigations

The objective of a safety investigation is to enhance transport safety. This is done through:

- identifying safety issues and facilitating safety action to address those issues
- providing information about occurrences and their associated safety factors to facilitate learning within the transport industry.

It is not a function of the ATSB to apportion blame or provide a means for determining liability. At the same time, an investigation report must include factual material of sufficient weight to support the analysis and findings. At all times the ATSB endeavours to balance the use of material that could imply adverse comment with the need to properly explain what happened, and why, in a fair and unbiased manner. The ATSB does not investigate for the purpose of taking administrative, regulatory or criminal action.

Terminology

An explanation of terminology used in ATSB investigation reports is available on the ATSB website. This includes terms such as occurrence, contributing factor, other factor that increased risk, and safety issue.